

Cleaning Schedule

MON

Clean bathrooms
Wash towels

TUE

Dust
Hoover downstairs

WED

Hoover upstairs
Change and wash bedding

THU

Clean kitchen

FRI

FREE

SAT

FREE

SUN

Swing task/catch up

DAILY TASKS

- MAKE BEDS
- WIPE DOWN SURFACES
- LAUNDRY (IF NEEDED)
- TIDY LOUNGE
- WASH DISHES
- WIPE DOWN BATHROOMS
- TAKE OUT RUBBISH
- CHORE OF THE DAY

SWING TASKS

Week 1: Clean kitchen appliance

Week 2: Wipe doors, windows and mirrors

Week 3: Clean kitchen cabinets and check dates

Week 4: Clean blinds and light fixings

INFREQUENT TASKS

- FLIP MATTRESSES
- CLEAN CARPETS
- WASH PILLOW PROTECTORS
- WASH DUSTBINS
- CLEAN INSIDE OF CAR
- DEEP CLEAN THE FREEZER
- CLEAN UNDER FURNITURE